

Schedule Subject to Change

*Sometimes scheduling conflicts arise (ex: Swim Meets & Events).

WATCH FOR CHANGES, NOTICES, & UPDATES POSTED AT THE POOL

*Special Olympics Swim Team Practices

Fridays 10-11:30am

*Swim Lessons (Summer)

Cost varies depending on the session \$35-40/child;
Pre-Registration & Placement Test Required

*Mini Fun Swim Team (Summer)

Tue & Thu, June 5th - July 28th

\$60 per Child; Pre-Registration & Swim Test Required

* Splash Pad &/or Pool Rental (Summer)

Ask Aquatic Staff About Pricing & Availability
Payment & Contract Due 3 Weeks in Advance

Helpful Hint: Apply Sunscreen 30 minutes before entering water to allow it to absorb. Otherwise, it washes off providing you with little to no protection.

Public Swim + Splash Pad

\$3.⁰⁰ Per Guest, Per Visit. Punch passes available.

Recreational leisure swimming. Play, float, walk/jog, sunbathe, read or lounge. Also, enjoy the Splash Pad!

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| MON - FRI | 11:30am - 5:00pm |
| SAT | 11:00am - 5:00pm |

Adult Lap Swim

\$2.⁰⁰ Per Guest, Per Visit. Punch passes available.

25 yard lap pool. Swim full lengths of the pool to train for competitions or do a workout for fitness. Swimming can increase cardiovascular fitness, blood circulation, strength, & flexibility while lowering stress levels.

Courtesy Reminders:

- LIMITED LANES – Sharing May Be Required
- NOTE at times the pool is being shared with other programs. Swim in designated lap lanes.
- Be considerate of others waiting to use a lane. Long conversations during workouts keep others waiting.
- **When Lap Swim hours end we ask that you please exit the facility.**

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| MON -THU | 6:00am - 11:15am |
| FRI | 6:00am - <u>10:00am</u> |



When the pool is cleared for thunder &/or lightning patrons must clear the pool & deck. Patrons may wait in the restrooms, hallway, or front entrance area. SHOWERS ARE OFF LIMITS at this time.

The lifeguards will allow patrons back into the pool after waiting a minimum of 30 minutes from the last thunder or lightning strike. THIS IS FOR PATRON & STAFF SAFETY.

EUSTIS AQUATIC CENTER

Facility Rules

For everybody's health, safety, & protection we ask all guests to observe the following rules:

** Enforcement of these rules is up to the discretion of pool staff. Please always obey our Lifeguards.

- Proper clean **bathing suit attire is required** to use the pool or enter splash pad wet zone. This should be items made for swimming.
 - **Not Acceptable:** T-shirts, tank-tops, boxers/underwear/bras/sport bras/non-aquatic undergarments, cotton shorts, cargo shorts, khakis, denim, cut offs, leotards/gymwear, pants, and dresses. These are **NOT** considered bathing suits. **NO Thongs Please** -- Let's promote a family environment.
 - **Acceptable:** Nylon or lycra bathing suit. Board shorts & nylon shorts. Tight fitting rashguards/swim-shirts. Hats.
 - Children who are not toilet trained **must** wear a swim diaper/plastic pants & a swimsuit. Check diapers regularly. Use restrooms to change & dispose of diapers.
 - Do NOT swim if you have had diarrhea. This can cause others to become ill.
 - **Children under 10 years old must** be accompanied by a responsible adult or guardian. Please watch your child(ren). Lifeguards are not a replacement for your supervision.
 - **SHOWER** before entering pool or splash pad.
 - Food & drinks in the front entrance area **ONLY**. Waters may be taken inside the facility.
 - **NO RUNNING**. Please walk.
 - NO jumping or diving.
 - NO alcohol, tobacco, e-cigarettes or vaporizers.
 - NO glass.
 - Use of sunscreen is encouraged for sun safety. Rule of thumb: apply sunscreen to dry skin 30 minutes before (re)entering water & rub in completely. Otherwise, it washes off, doesn't protect you & coats the pool filters.
 - Tanning oils **must** be washed off with soap before entering water. NO iodine.
 - Non-service animals are prohibited. Service animals may not enter the water (or splash pad wet zone).
 - Pool noodles are permitted. But, please, no rings, floats, inner tubes, rafts, or water wings.
 - Coast Guard approved lifejackets (PFD's) are encouraged for weak/non-swimmers' safety. We have a few to loan.
 - All weak- or non-swimmer children **must** be supervised by an adult within arm's reach while in the water at all times. Therefore, adult needs to be in the water.
 - Lifeguards may exclude anyone from the deep water who does not demonstrate sufficient swimming ability.
 - **NO REFUNDS** for weather.
 - NO climbing, hanging, sitting, or standing on water features & sprayers.
 - NO rough play, pushing, throwing people, or riding on shoulders.
 - Profane, vulgar, offensive & abusive language will not be tolerated.
 - Admission into the facility ends 20 minutes prior to closing time (meaning no entry).
 - Staff are not responsible for personal belongings.
 - Please don't visit with or distract the lifeguards on surveillance duty with unnecessary conversation. Direct non-safety issues, questions, or concerns to the individual(s) at the service table.
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